

Parent/Guardian Name: _____

Patient Date of Birth: _____

Patient Name: _____

PPA Asthma Class Post-test

1. What is the cardinal symptom of asthma?
 - A. Chills
 - B. Headache
 - C. Cough
 - D. Earache

2. What is the action of Albuterol (rescue med) in the nebulizer or metered dose inhaler?
 - A. Liquify secretions and relax the muscles around the airways
 - B. Reduce the inflammatory response
 - C. Reduce fever
 - D. None of the above

3. Inflammation in the airways of the lungs is one of the main causes of asthma symptom.
True
False

4. Prednisone should be taken on an empty stomach.
True
False

5. The gold standard for controller medications for asthma are:
 - A. Vitamins
 - B. Probiotics
 - C. Inhaled corticosteroids

6. The most important things to know about inhaled corticosteroids (Qvar, Azmanex, Flovent, Budesonide, etc) for the control of asthma include all of the following, **except**:
 - A. Must be taken every day as prescribed.
 - B. The medication takes 3-4 weeks after starting it to take full effect.
 - C. Very important to brush teeth and spit or rinse mouth and spit (or swallow for babies) after each dose to prevent overgrowth of Thrush (fungus) in mouth and throat.
 - D. Tastes like bubble gum.

8. A peak flow meter gives a piece of useful data. It is not a therapy.
True
False